




âl sindiana
Boutique Bed & Breakfast

Menu

Seven Oaks
RESTAURANT

1900 Villa Maalouf – Kfarkatra, Shouf – Lebanon

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âl sindiana is proud to operate the most updated and professional kitchen in the region with a unique concept and gastronomy that has a driving desire to promote the richness and traditions of our hospitality, while preserving local heritage and environment with a cuisine that you won't find anywhere else in the Shouf district. All ingredients are fresh and locally grown and are at the heart of our cooking.

Seven Oaks menu highlights Our menu is a combination of Mediterranean food from the Maghreb to the shores and mountains of Lebanon. We have the most traditional mountain breakfast, the best authentic plat du jour, the best burger outside of Beirut, and we offer vegan and vegetarian dishes. Our exquisite sweets are all homemade. Along with local and imported wines; local and imported beers, local & imported vodka and gin.

Special events at Seven Oaks Look for our special events that we celebrate each season at âl sindiana. End of Summer at âl sindiana; Oktoberfest; Thanksgiving at âl sindiana; Christmas season; Easter & spring season; Ramadan at âl sindiana; Aladha and beginning of summer at âl sindiana. We cater a very unique menu for these events and offer package rates for overnight stay.

History of âl sindiana âl sindiana is surrounded by seven oak trees, each is more than 100 years old. They endured all these years to see themselves in a resort named after them. Our grandmother & father purchased part of the land more than 70 years ago known as "wehdat Takla"; in the early 70s our father bought 300m² known as "wehdat Lamis"; and we bought the rest in the early second millennium to accumulate a total space of 3300m², including Villa Maalouf, we have a total of 4000m² for our visitors to enjoy. In 2013, and after the passing of our beloved father, we wanted to honor his memory, as he always wished to keep this land for future family generations. We began construction of the retaining walls and four terraces large enough to accommodate a unique resort. In March 2019, we began work on the six suites or beyout and the building which hosts the indoor/outdoor "Al-Meedan" reception areas, public bathrooms, the kitchen and the **Seven Oaks** restaurant. We announced our soft opening on September 11, 2020 and are delighted that you are visiting us today. On behalf of the family, I welcome you and we wish to see you every year.

Walid Maalouf
âl sindiana

- a la carte -

Eggs	\$4.00
Omelette	\$5.00
Omelette with Mushroom	\$6.00
Omelette with Cheese	\$6.00
Omelette with Vegetables	\$6.00
Omelette with Sujok	\$7.00
Omelette Shakshuka	\$7.00

free range eggs, tomato sauce, pepper, onion, feta cheese, crostini

Eggs with Awarma	\$7.00
Kishik with awarma, garlic and bread	\$7.00
Fool mdamass (fava beans)	\$5.00
Olives, tomato, cucumber, onion, fresh mint, thyme & bread	\$3.00
Grilled halloum baladi	\$7.00
Manakish (6 zaatar & kishik)	\$4.00
Labneh baladi	\$4.00
Marmalade jams (seasonal) each	\$4.00
Biscotte & raha 4pcs	\$2.00
Pain perdu	\$7.00

brioche with whipped cream, seasonal fruits, warm maple syrup and butter

Crepe-nutella	\$7.00
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stuffed with chocolate sauce and banana (optional)

- Bed & Breakfast -

- Traditional Lebanese Mountain Breakfast -

Eggs any style (scrambled, fried, sunny side up)
Cheeses-baladi
Labneh-baladi
Manakish zaatar& kishik (2 of each)
Fool mdamass (fava beans)
Olives, tomato, cucumber, onions, fresh mint, thyme & bread
Homemade jams (figs, strawberry, apricot)
Coffee or juice

One order of each any additional order charged as illustrated in *a la crate

- Breakfast -

Tabbouleh

Tomato, boughour, parsley, mint, onion, olive oil, lemon juice

\$5.00

Fattoush

Lettuce, rocca, tomato, cucumber, mint, radish, onion, thym, semmak, olive oil, lemon juice, watercress, pomegranate molasses

\$4.00

Beetroot

Beetroot, mint, rocca, garlic, cherry tomato, basil, olive oil, parmesan

\$7.00

Quinoa

Mix quinoa, red pepper, garlic, olive oil, lemon juice, jambo shrimp, kale, pomegranate molasses, coriander, lemon juice, radish

\$8.00

Halloum

Halloum cheese, mint, thym, kale, iceberg, cherry tomato, cucumber, radish, lemon juice, balsamic, pomegranate molasses

\$8.00

Rocca

Rocca, walnuts, parmesan, mushroom, balsamic sauce, cherry tomato

\$7.00

Caesar salad

Romaine & ice burg lettuce, focaccia crouton, parmesan crisps, smoky Caesar dressing Add chicken \$4.00

\$7.00

Hummus Bel Thineh

Hummus, lemon juice, tahini, olive oil

\$4.00

Humus trio

pesto, harissa & beetroot

\$6.00

Hummus with Makdous

Hummus, lemon juice, tahini, olive oil, makdous, red pepper

\$5.00

Batenjen Baba Ghanouj

Eggplant, tahini, lemon juice, garlic, olive oil

\$4.00

Batenjen with Vegetable

Eggplant, tahini, lemon juice, garlic, olive oil, radish, cucumber, semmak

\$5.00

Batenjen âl sindiana

Eggplant, tahini, lemon juice, garlic, olive oil, coriander, flour, basil

\$5.00

Labneh

\$4.00

- Salads -

- Cold Appetizers -

Grilled Halloum	\$7.00
Halloum, mint, tomato, cucumber, pomegranate molasses	
Rekakat 5 pcs	\$5.00
Cheese Rekakat grilled or fried	
Fool medamass	\$6.00
With lemon, garlic oil, tomato, parsley, mint	
Kebbeh Fried 5pcs	\$6.00
Ground minced meat, nuts, onion & sumac	
Hot Potato	\$4.00
Fried potato, hot sauce, coriander, hot pepper	
French Fries	\$4.00
Potato Wedges	\$4.00
Meat Ras Asfur	\$8.00
Meat small cubs, lemon juice, pepper, pomegranate molasses	
Chicken Liver (either as is, with grenadine or provincial)	\$7.00
Chicken liver, lemon juice, pomegranate molasses or coriander	
Makanek (as is or with Grenadine)	\$7.00
Cherry tomato, lemon juice, pomegranate molasses	
Sujuk	\$8.00
Onion, garlic, mushroom, cherry tomato, tomato paste	
Birds 9 pcs	\$24.00
lemon juice, pomegranate molasses, semmak, olive oil	
Frog legs provincial 5 pcs	\$13.00
Garlic, coriander, lemon juice	
Escargot provincial 12pcs	\$19.00
Pan seared with coriander, garlic, olive oil	
Louisiana wings 10pcs	\$8.00
Chicken wings, lemon juice, louisiana sauce	
Grain bowl	\$12.00
Quinoa tabbouleh, falafel, zaatar roasted cauliflower, tarator	



âl sindiana's Chicken burger	\$9.00
Chicken breast, iceberg, pickles, tomato, bacon, cheddar cheese, red cabbage, mayonnaise, french fries	
âl sindiana's hamburger	\$10.00
Home beef patty, mushroom, lettuce, rocca, tomato	
American burger	\$10.00
Grass fed sirloin beef, turkey bacon, tobacco onion, cheddar cheese, sauce, fries, plain bun	
Salmon	\$17.00
Salmon filet, olive oil, cherry tomato, coriander, balsamic sauce, quinoa, red cabbage, rocca, teriyaki sauce, lemon slices	
âl sindiana's Salmon steak	\$18.00
Falafel crusted salmon, lentils du puy	
Taouk	\$9.00
Chicken breast, pickles, garlic, french-fries	
Kabab	\$10.00
Kabab, onion, tomato	
Kafta	\$10.00
Kafta, onion, tomato	
Meat mishweh	\$14.00
Meat, liyeh, pickles, garlic, tomato, onion, french frise	
Mixed Grill	\$15.00
Meat, kafta and taouk skewers, garlic, pickles, french fries	
Meat mishweh 1Kg	\$40.00
Meat, liyeh, pickles, garlic, tomato, onion, french frise	
Taouk 1Kg	\$38.00
Meat, kafta and taouk skewers, garlic, pickles, french fries	

Penne Arrabiata	\$9.00
Penne pasta with homemade spicy tomato olive sauce, basil and parmesan	
Pesto	\$12.00
Penne pasta with homemade basil pesto creamy sauce, and parmesan	
Chicken Alfredo	\$14.00
Creamy alfredo pasta, mushroom, and parmesan	

- Mashaweh & Burgers -

- Pastas -



âl sindiana Aunt Gertrude apple

Pie a la mode-vanilla ice cream

\$7.00

Esmalieh

Birds nest, ashta, rose water syrup, pistachio

\$5.00

Pain perdu

Whipped cream, caramel sauce

\$7.00

Crepe-nutella

Stuffed with chocolate sauce and banana (optional)

\$7.00

Sorbet

Lemon and strawberry

\$5.00

- Desserts -



- Coffees -

Cappuccino	\$3.00
Hot Chocolate	\$3.00
Nescafe	\$2.00
American coffee	\$3.00
Lebanese coffee	\$1.50

- Tea -

Regular tea, green tea, Zhourat	\$3.00
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Fresh Juices <i>Your choice of freshly squeezed apple or orange juice</i>	\$4.00
Iced Tea	\$3.00
Sparkling water	\$2.00
Soft drinks	\$3.00
Tonic water	\$3.00
Water Large	\$3.50
Water small	\$2.00

- Hot Beverages -

- Cold Beverages -



- Beers -

	Glasses	Bottles
Beer Local	\$4.00	
Beer Imported	\$5.00	

- Arak -

Arak Baladi Long	\$4.00	\$18.00
Arakna		\$30.00

- Wine -

Ksara Observatoire	\$4.50	\$25.00
Ksara Blanc de Blanc	\$4.50	\$26.00
Ksara Chardonnay	\$5.50	\$35.00
Ksara Chateau du Couvent	\$4.50	\$26.00
Ksara Sunset Rose.	\$4.50	\$26.00
Ksara Le Souverain 2007		\$59.00

- Vodka -

Stolichnaya	\$4.00	\$45.00
Russian Standard	\$4.00	\$45.00
Absolut	\$6.00	\$45.00
Bombay	\$8.50	\$76.00

- Gin -

Bombay	\$8.00	\$80.00
Gordon's special London Dry	\$10.00	\$180.00

- Scotch -

Clan MacGregor	\$7.00	\$30.00
Grants	\$7.00	\$40.00
Jonny Walker Black	\$9.00	\$85.00
Jonny Walker Red	\$5.00	\$50.00
J&B	\$5.00	\$50.00
Chivas	\$8.00	\$85.00
Jack Daniels	\$7.00	\$70.00

- Lequiers -

Cointreau	\$9.00	\$95.00
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Prices include all taxes & services

الاسعار تشمل الخدمة والضرائب

- Premier Scotch -

Jonny Walker Black 1.5 liter	\$250.00
Glenfiddich IPA single malt	\$285.00
Glenfiddich Select Cask Collection single malt	\$352.00
Royal Salute 21 Blended	\$600.00

- Premier Rye Whiskey -

Michter's straight Rye	\$135.00
Elijah Craig Rye	\$175.00

- Bourbon Whiskey -

Elijah Craig Kentucky Straight	\$200.00
Woodford Reserve Kentucky	\$160.00

- Champaign -

Moet & Chandon Imperial	\$228.00
Dom Perignon Vintage 2010	\$1,100.00

